

# ULTIMATE MEAL PLAN

Welcome to the new and improved meals! Everyday!

3/29/2024 9:05

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Salads @ \$13 each</b>						
Raspberry Feta Salad						
Sesame Chicken Salad						
Garden Salad						
Chicken Caesar Salad						
Cobb Salad						
Wolfes House Salad						
Chef Salads						
<b>Mexican Food Plates @ \$10.50 each</b>						
Chicken Enchilada Plate with Spanish Rice and Beans						
Chicken Quesadilla with side						
Pollo Asado Taco with side						
Chile Relleno with side						
Chicken, Rice, Beans and Cheese Burrito						
<b>Salmon Meals @ \$14 each</b>						
Salmon and Kale						
Salmon and Yam						
Salmon and Veggie Crunch						
Salmon Burger						
<b>Breakfast @ \$10.50 each</b>						
Bacon Breakfast Burrito						
Healthier Sausage Burrito						
Ham and Swiss Omelette						
Sausage and Feta Omelette						
Fruit Cup with Berries						
Greek Yogurt and Granola and Berries						
Egg White Omelette						
<b>Mmm Good Meals @ \$13.50 each</b>						
Healthier General Tso's <small>Thursday - Friday Only</small>						
Chicken Stir Fry						
Beef and Broccoli Stir fry						
Veggie Burger						
Cranberry Walnut Chicken Salad with Croissant						
BBQ Pulled Pork, Cole Slaw						
Tuna Salad (Relish, Celery) Meal						
<b>Protein Category @12.00 each</b>						
Turkey, Ham, Cheese, Crackers Snack Pack						
Mortadella, Salami, Pepperoni, Cheese, Crackers Snack Pack						
Char Veggie Plate						
<b>Fresh Soup @ \$7.99 each <small>(Only on Certain Days)</small></b>						
Turkey Sage						
Corn Chowder						
Chicken Enchilada Soup						
Albondigas						
Chicken Noodle						
Turkey Chili						
Clam Chowder						
Daily Totals----->	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

Wolfe's Market Ultimate Meal Plan      Email : [Wolfesfoods@gmail.com](mailto:Wolfesfoods@gmail.com)      (909) 626-8508  
 160 West Foothill Blvd., Claremont, CA 91711      Order @ [wolfesmarket.com](http://wolfesmarket.com)

Our meal plan is a custom program that is chef prepared daily. We offer many options in healthy portions with quality ingredients.

No minimum order required, but if 12 or more meals are ordered in 1 week, each meal is \$1 off. (Discount of \$12 or more!)